

# BROW AFTER CARE *instructions*

## **POST TREATMENT CARE MAKES 50% OF THE TOTAL TREATMENT SUCCESS.**

Adhere to the given advice because if not, you can risk losing up to 80% of the drawn strokes. At the end of your session, we will provide you with an after care kit that has everything you need for the 7-10 day healing process. This may vary per skin type, but 10 days recommended for the best results.

## **IMPORTANT REMINDERS FOR THE FIRST 7-10 DAYS:**

- Gently wipe the treated area with an aftercare wipe 2 hours after the procedure, allow the skin to dry and then apply a thin layer of the after care ointment, repeat every 2 hours the first day
- Days 2 & 3, gently dab the treated area with the wipes prior to applying the provided ointment, make sure the skin is always dry before applying.

## **THE HEALING PROCESS**

### WHAT TO EXPECT IN THE FIRST 6-8 WEEKS:

The first week is going to be gnarly.

Here's a list of thoughts that will probably cross your mind:

- OMG these are way too dark and way too thick
- What have I done???
- Why are they staring back at me?
- I can't go out like this.. I look crazy.

- Apply aftercare ointment 3-5 times a day for normal skin, 1-2 times daily for oily skin
- Avoid getting the treated area wet for 7-10 days
- No sweating or excessive exercise for 7 days
- Avoid topical makeup and sunscreen in the brow area for 7 days
- No facials, botox, chemical peels or microdermabrasions for 4 weeks
- No major sun exposure or tanning for 4 weeks