

BROW PRE-CARE *instructions*



TWO WEEKS BEFORE

- No Botox or any fillers
- No Facials
- No chemical peels, laser treatments or microdermabrasion

ONE WEEK BEFORE

- No Tinting, Waxing or Electrolysis
- No Retinoid products
- No Tanning or intense Sun Exposure

MOST IMPORTANTLY: TO PREVENT BLEEDING AND POOR COLOR DEPOSIT 24 HOURS BEFORE

- No Alcohol
- No Caffeine (yes that means coffee)
- No Vitamin E or Fish Oil Supplements
- No Excessive Sweating or working out

- **Please Note:** You will be more sensitive during your menstrual cycle.
- The eyebrow area must be healthy, strong, non-sensitive, and non-irritated.
- For the absolute best results, follow by prepping for the appointment and following the after care.

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